Webinar | Cognitive Behavioral Therapy to Reduce Crime and Violence: Evidence on Long-Term Effects from Liberia

This webinar is the eleventh webinar in a series presenting innovative research on crime and violence in Latin America and the Caribbean. If you would like to receive updates via email on future webinars in this series, sign up for the series mailing list here.

Tuesday, February 7, 2023
10:00-11:00AM CST / 11:00AM-12:00PM EST

As policymakers look for non-police responses to crime and violence, interventions informed by Cognitive Behavioral Therapy (CBT) are becoming increasingly popular. These interventions seek to address the violence that springs from poor decision-making and distorted thinking by helping people learn how to think and react differently. Some questions still remain about the long-term effects of these interventions and there is still little evidence of their effectiveness outside the US. However, a program in Liberia has shown to be effective in preventing antisocial behaviors in high-risk young men using CBT-informed therapy and training.

In this webinar, Chris Blattman (University of Chicago) presented the results of the Liberia experience, 10 years after the original intervention. Pablo Vazquez (Mexico City Ministry of Citizen Security) commented on the policy implications of this research. A 10-minute Q&A followed the presentation.
Speaker

- **Chris Blattman**, Ramalee E. Pearson Professor of Global Conflict Studies at The University of Chicago

Policy Discussant

- **Pablo Vazquez**, Undersecretary of Citizen Participation and Crime Prevention at the Mexico City Ministry of Citizen Security (SSC)

Moderator

- **Helke Enkerlin**, Policy and Implementation Manager at IPA Mexico

*Para leer esta página en español, haz clic aquí.*