

**Authors**

Dean Karlan  
Northwestern University

Cognitive Behavioral Therapy among Ghana's Rural Poor is Effective  
Regardless of Baseline Mental Distress

Nathan Barker, Gharad Bryan, Dean Karlan, Angela Ofori-Atta and Chris Udry

Northwestern University

December 5, 2022

Barker, Bryan, Karlan, Ofori-Atta, Udry (Northwestern)      CBT Ghana      December 5, 2022      1 / 15  
**Mental Health Therapy as a Core Strategy for Increasing Human Capital: Evidence from Ghana**

## 04. Mental Health Therapy as a Core Strategy for Increasing Human Capital: Evidence from Ghana

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