Webinar | Shifting Individual Behaviors in High Risk Settings: Lessons from Cognitive Behavioral Therapy Inspired Interventions

On August 19, Ricardo Morel, IPA’s Peace and Recovery Program Director, and Aprille Knox, Policy Manager at J-PAL, joined USAID’s Center for Democracy, Human Rights and Governance (DRG) Community of Practice to present emerging evidence on interventions aimed at reducing or preventing the violent behavior of individuals in high-crime or conflict setting. The session provided a snapshot of different interventions in the U.S., Liberia, and Mexico, with a special focus on Cognitive Behavioral Therapy (CBT) inspired programs as an approach for shifting individuals’ decision-making processes and behaviors. Watch the video recording [here](#).