

Timeline

8:30 AM - 1 PM

Date

June 27, 2019

IPA Ghana Hosts Dissemination of Cognitive Behavioral Therapy Results

On Thursday, June 27, [Dr. Angela Ofori-Atta](#), [Prof. Dean Karlan](#), and [Prof. Christopher Udry](#) presented results from the first randomized controlled trial (RCT) of a CBT intervention in Ghana. The study evaluated the impact of a relatively low-cost group-based CBT intervention on developing resilience and eliminating negative thought distortions among poor households in rural and peri-urban areas. The research also aims to understand if CBT helps equip people with the mental health stability and positive outlook necessary to make successful investments and if it can be used as a therapy to reduce intimate partner violence.

Address

Accra City Hotel

City

Accra

Country

Ghana