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RESEARCH

RESEARCH ARTICLE SUMMARY

DEVELOPMENT ECONOMICS

A multifaceted program causes lasting progress for the very poor: Evidence from six countries

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INTRODUCTION: Working in six countries with an intentional constraint, we investigate whether a multifaceted Grameen program can help the extreme poor establish sustainable self-employment activities and generate lasting improvements in their well-being. The program targets the poorest members in a village and provides a productive asset grant, training and support, life skills coaching, temporary cash consumption support, and typically

access to savings accounts and health information or services. In each country, the program was adjusted to suit different assets and cultures, while staying true to the same overall principles. This multipronged approach is relatively expensive, but the theory of change is that the combination of these activities is necessary and sufficient to obtain a persistent impact. We do not test whether each of the program's elements is individually necessary.

Instead, we examine the “sufficiency” claim: A year after the conclusion of the program, and 3 years after the most transfer-intensive program participants earned more income and achieving notable improvements in their well-being?

RATIONALE: We conducted six randomized trials in Ethiopia, Ghana, Honduras, India, Pakistan, and Peru with a total of 10,600 participants. In each site, our implementing partners selected eligible villages based on being

in geographic proximity with extreme poverty, and then identified the poorest of the poor in these villages through a participatory wealth-ranking process.

about half the eligible participants were assigned to treatment, and half to control. In five of the sites, to ensure within-village spillovers, we also randomized half of villages to treatment and half to control. We conducted a baseline survey on all eligible participants, as well as an endline at the end of the intervention (typically 26 months after the start of the intervention) and a second endline 1 year after the first endline. We measure impacts on consumption, food security, productive and household assets, financial inclusion, time use, income and revenues, physical health, mental health, political involvement, and women’s empowerment.

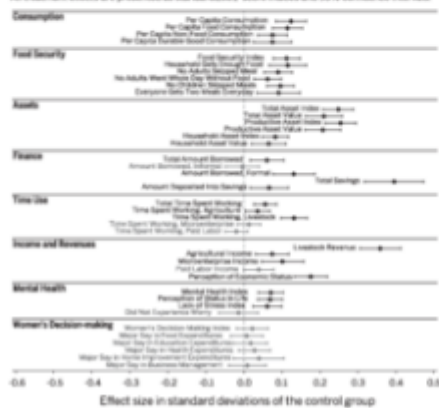
RESULTS: At the end of the intervention, we found statistically significant impacts on all 10 key outcomes or indices. One year after the end of the intervention, 36 months after the productive asset transfer, 9 out of 10 indices still showed statistically significant gains, and there was very little or no decline in the impact of the program on the key variables (consumption, household assets, and food security). Income and revenues were significantly higher in the treatment group in every country. Household consumption was significantly higher in every country except one (Honduras); in most countries, the (discounted) extra earnings created the program cost.

CONCLUSION: The Grameen program’s primary goal, to substantially increase consumption of the very poor, is achieved by the conclusion of the program and maintained 1 year later. The estimated benefits are higher than the costs in five out of six sites. Although more can be learned about how to optimize the design and implementation of the program, we establish that a multifaceted approach to increasing income and well-being for the ultra-poor is sustainable and cost-effective. ■

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Pooled average intent-to-treat effects, endline 2 at a glance

This figure summarizes the average treatment effects in each country for the 10 primary outcomes. All treatment effects are presented as standardized z score indices and 95% confidence intervals.



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A Multifaceted Program Causes Lasting Progress for the Very Poor

We present results from six randomized control trials of an integrated approach to improve livelihoods among the very poor. The approach combines the transfer of a productive asset with consumption support, training, and coaching plus savings encouragement and health education and/or services. Results from the implementation of the same basic program, adapted to a wide variety of geographic and institutional contexts and with multiple implementing partners, show statistically significant cost-effective impacts on consumption (fueled mostly by increases in self-employment income) and psychosocial status of the targeted households. The impact on the poor households lasted at least a year after all implementation ended. It is possible to make sustainable improvements in the economic status of the poor with a relatively short-term intervention.

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